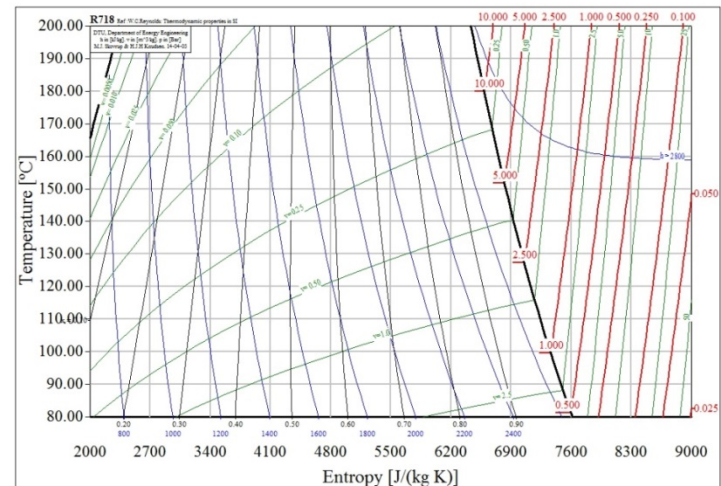


Food Security and Ethics from an energetic point of view

Ethics, sometimes known as **moral philosophy**, is a branch of philosophy that involves systematizing, defending and recommending concepts of right and wrong conduct, often addressing disputes of **moral diversity** *Internet Encyclopedia of Philosophy: "[Ethics](#)"*

Food Ethics? ... it is all about the money *Anonymous*



SINTEF Energy Research, Department of Energy Efficiency



NAME

Michael Bantle (PhD)

POSITION

Research Scientist

KEY QUALIFICATIONS

Drying technology,
Thermal process engineering,
Heat and mass transfer,
Food Technology,
Food properties and quality,
Refrigeration
Air conditioning

since 2012

SINTEF Energy Research, Energy Processes

2011 – 2012

Post-Doc at NTNU, *Energy efficiency in drying processes*

2007 – 2011

PhD at NTNU, *Study of high intensity, airborne ultrasound in atmospheric freeze drying.*

2002 – 2007

University of applied science, Konstanz Germany, Process and Environmental engineering, Diploma thesis: *Dimensioning of drying and conditioning unit for soybeans.*



SINTEF

- Non-commercial research foundation
 - Largest in Scandinavia
 - 2100 employees from 70 countries
 - Close cooperation with Norwegian University of Science and Technology (NTNU)
 - Leading expertise in natural science and technology, environment, health and social science
- Technology for a better society
- www.sintef.no
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Agenda:

1. "Facts" about food and energy
2. Background for food and energy research
3. Some examples for higher food efficiency
 1. Concept of super-chilling
 2. Heat pump drying
 3. Superheated steam drying
4. Conclusion

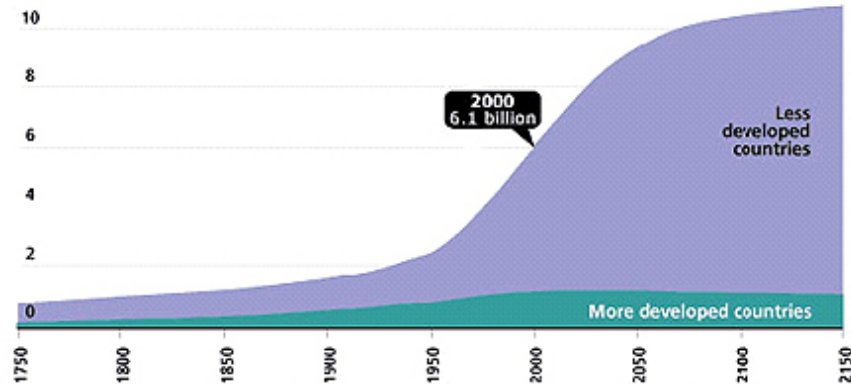


1. Some "facts" about food and energy

- World population of 13 billion by 2100
- Increase is the main "problem" for food security

World Population Growth, 1750–2150

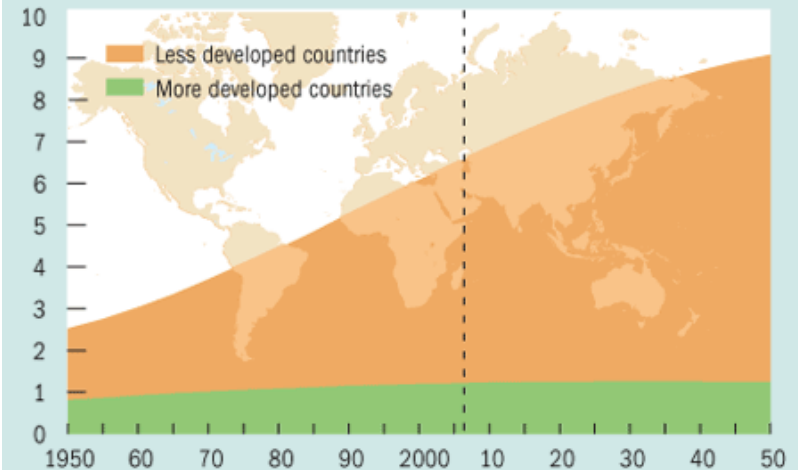
Population (in billions)



Source: United Nations, *World Population Prospects, The 1998 Revision*; and estimates by the Population Reference Bureau.

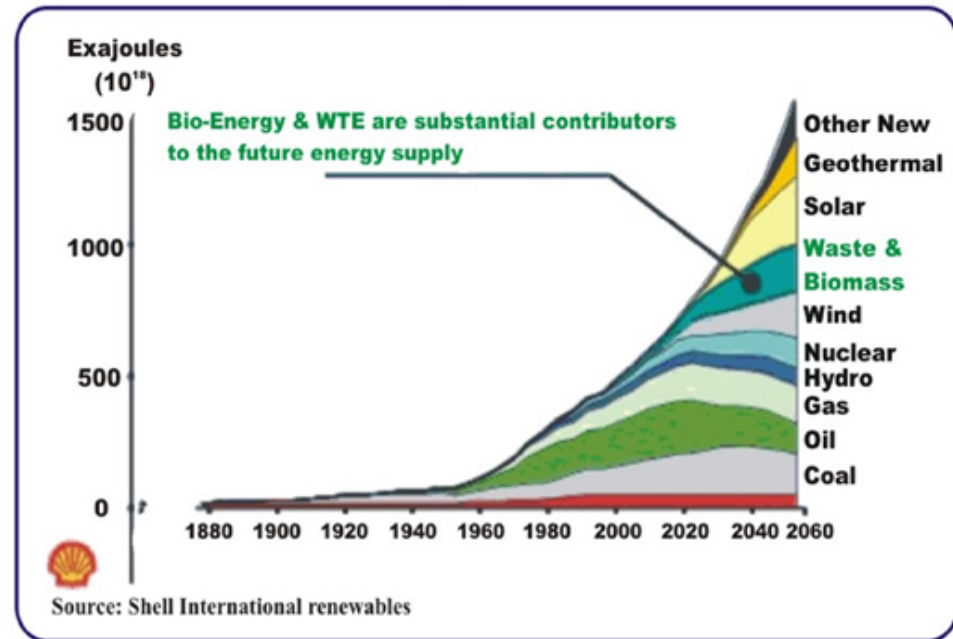
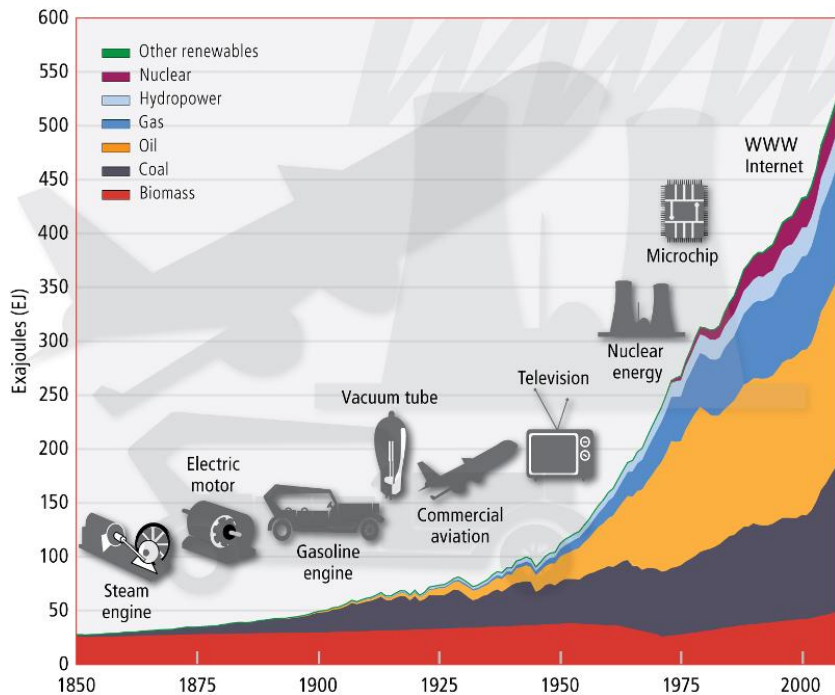
The world's population is expected to reach 9.1 billion by 2050, with virtually all population growth occurring in less developed countries.

(population, billions)



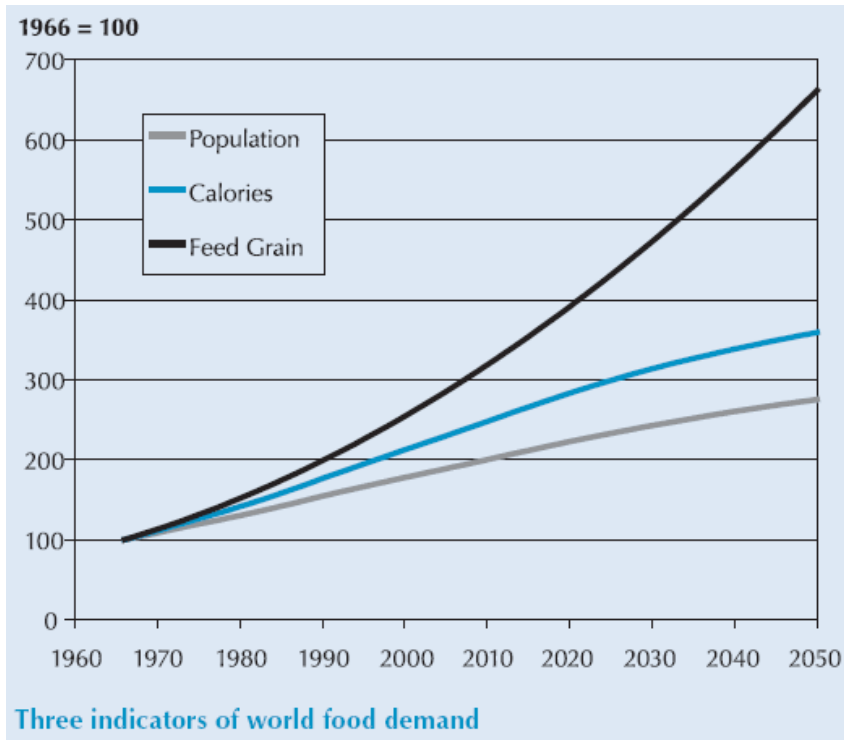
1. Some "facts" about food and energy

- Increased energy demand



1. Some "facts" about food and energy

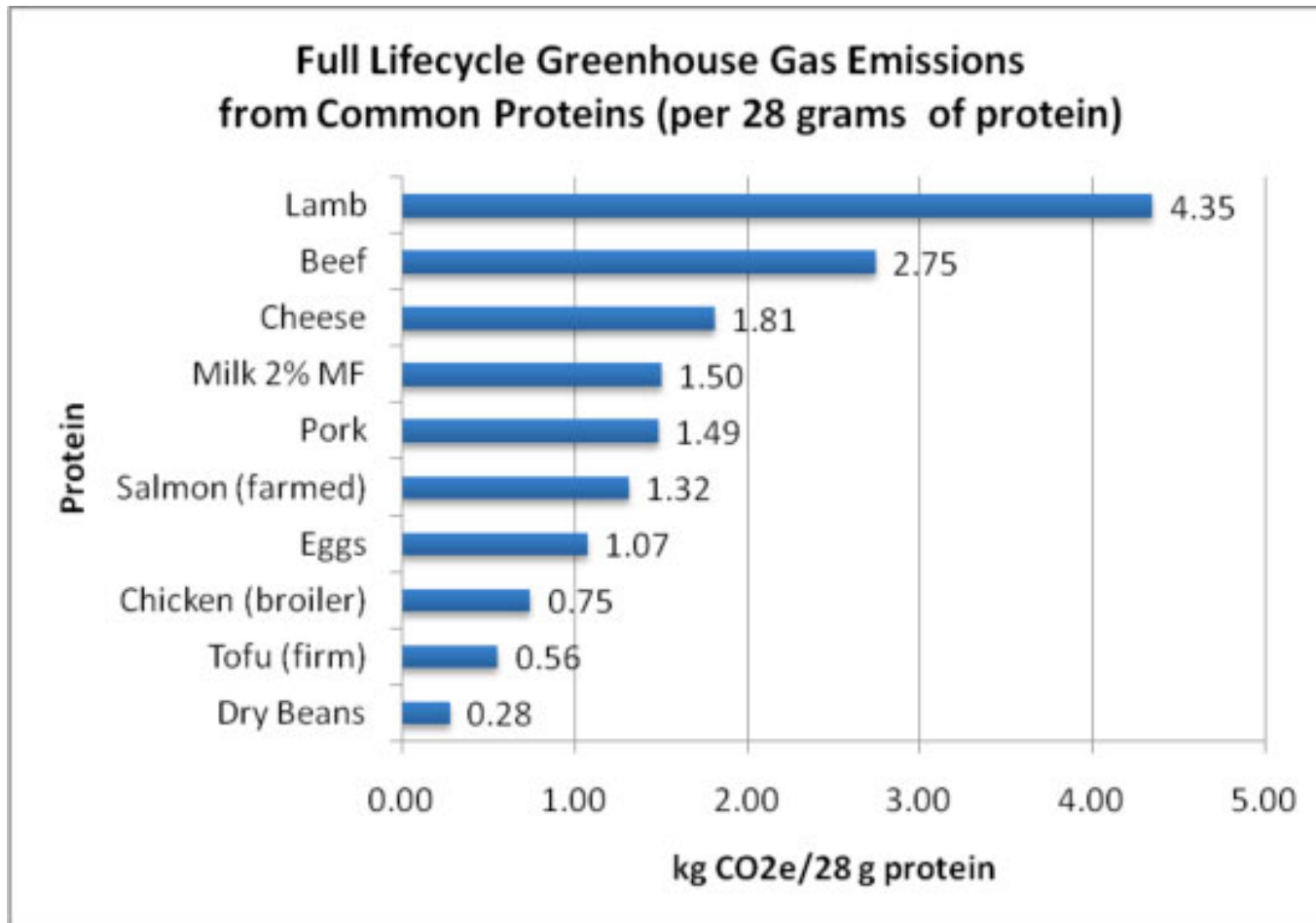
- Food demand in the future
 - Increased demand for meat and dairy



Crop	1969	2009	Percent Increase
Sugar Cane	538	1,661	209%
Maize	270	819	203%
Wheat	309	686	122%
Rice, paddy	296	685	131%
Cow Milk	358	583	63%
Potatoes	278	330	19%
Vegetables	71	249	251%
Cassava	95	234	146%
Sugar Beets	217	227	5%
Soybeans	42	223	431%
Total	2,474	5,697	130%

Increase in World Production of Top Ten Major Commodities (1969 – 2009) (million metric tons)

1. Some "facts" about food and energy



1. Some "facts" about food and energy

The Cost of Meat

Vegan dish vs. Steak



1 cup broccoli, 1 cup eggplant,
4 oz. cauliflower, and 8 oz. rice

Calories: 320

=



0.0098 gallons of
gasoline equivalent



6 oz. beef steak

Calories: 320

=



0.1587 gallons of gasoline, 16
times as much as the vegan dish

Feed to food ratios:

10 kg grain

→ 1 kg beef

4-5.5kg grain

→ 1 kg pork

2.1-3 kg grain

→ poultry meat

1.2 kg feed

→ 1 kg fish

1. Some facts about food and energy

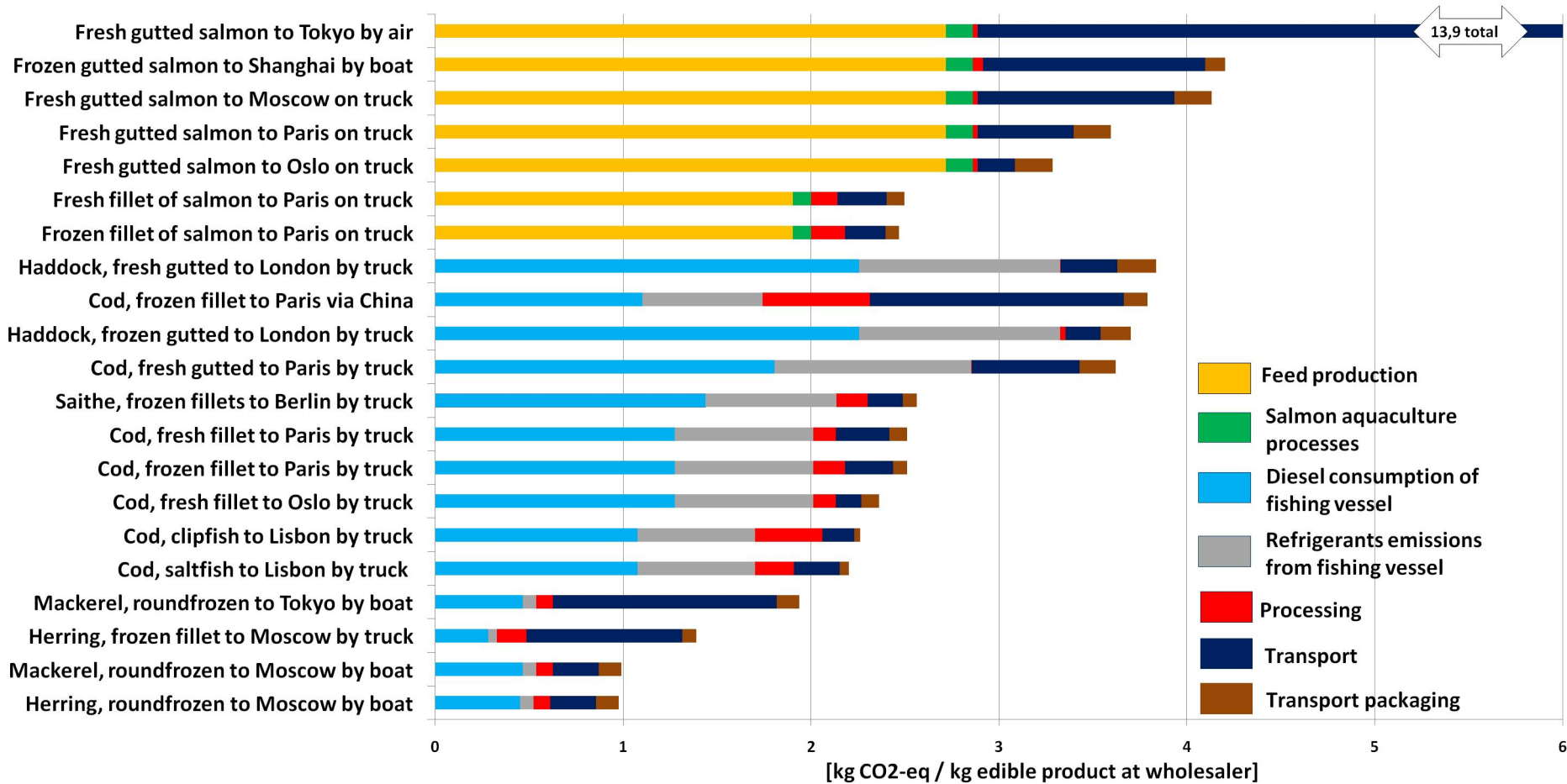
Table 1: List of Foods By Energy Required to Produce One Pound

Food	Energy (kWh) to Produce 1 Lb
Corn	0.43
Milk	0.75
Apples	1.67
Eggs	4
Chicken	4.4
Cheese	6.75
Pork	12.6
Beef	31.5

Table 2: Energy Efficiency of Various Foods (Measured as Food Calories / Energy Used in Production) [8]

Food	Calories / Lb	Energy Efficiency
Corn	390	102%
Milk	291	45%
Cheese	1824	31%
Eggs	650	19%
Apples	216	15%
Chicken	573	15%
Pork	480	8.5%
Beef	1176	4.3%

1. Some "facts" about food and energy

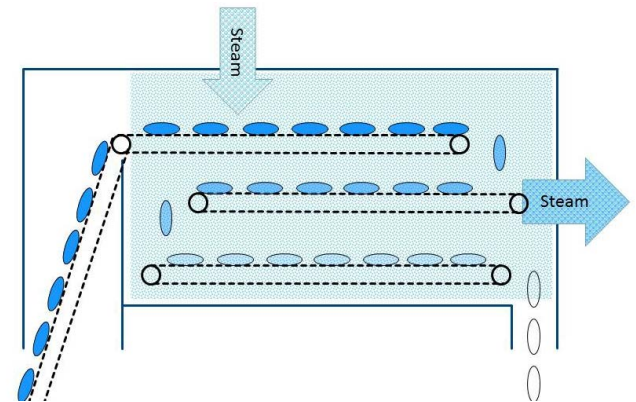
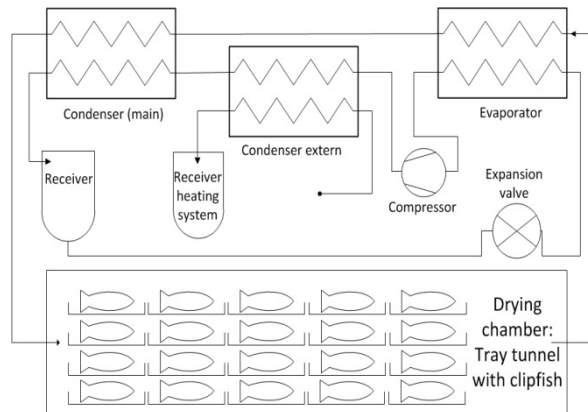
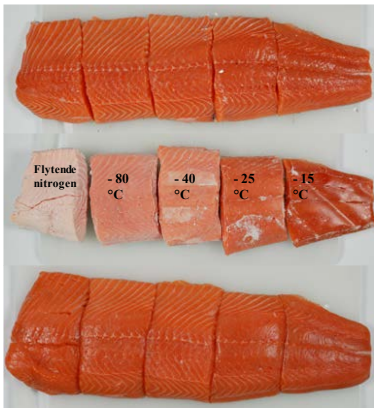


2. Background for food and energy research

- Growing population → increasing demand and dependency for
 - Food (→ meat)
 - Energy (what is the future energy source?)
- Feed production stands for a large emission for green house gases
- Better usage of available food (and feed) sources
 - Food preservation will be a key element in this
 - drying vs. freezing
- Higher efficiencies, new technologies
- New food (and feed) sources
 - e.g. algae
- How to influence producers and consumers?
 - **Money (~ energy prices)**
 - **Legislative**

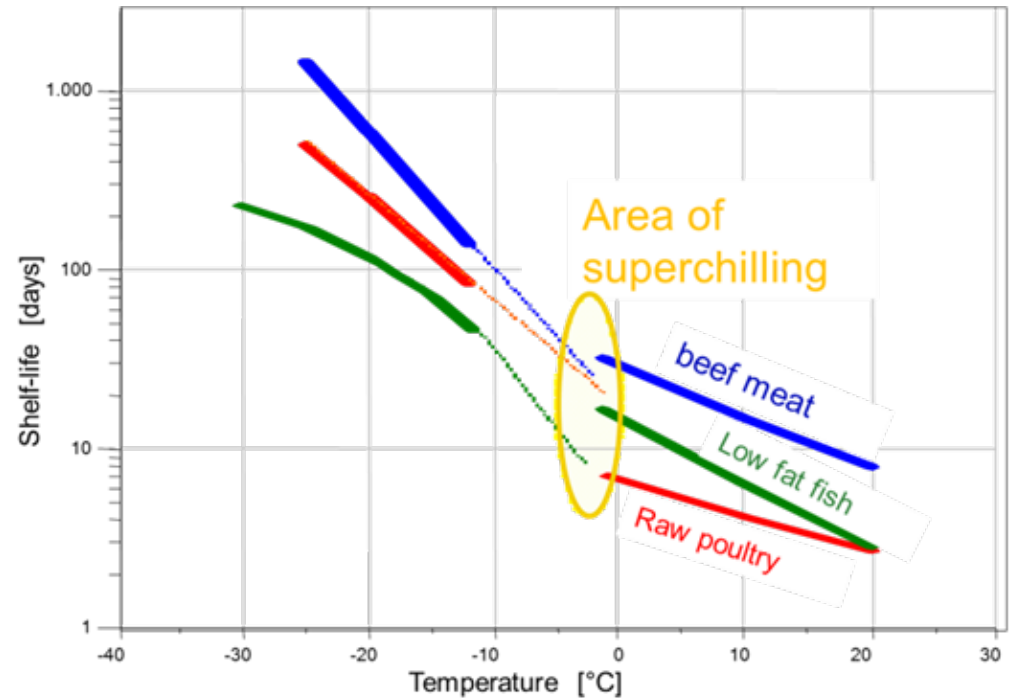
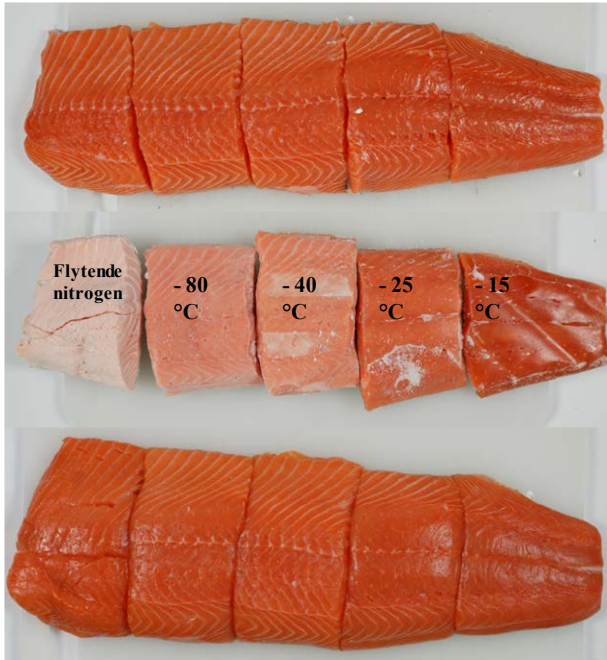
3. Some examples for higher food efficiency

- 1. Concept of super-chilling
- 2. Heat pump drying
- 3. Superheated steam drying



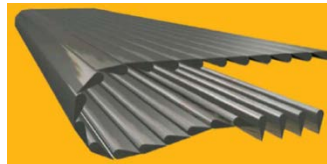
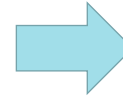
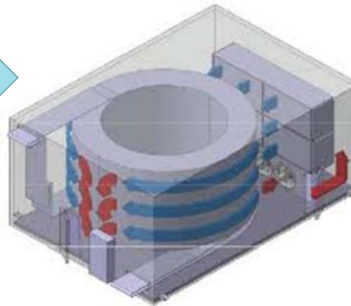
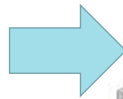
3.1 Super-chilling

- Product temperature is lowered to just below initial freezing point, normally between -1 to -2 °C.
- Gives an ice content in product of 5-30 %.



3.1 Super-chilling: What is the process?

- Traditional chilling of fish, poultry and carcasses.
- Fast formation of ice. Shell-freezing and equilibrium in storage



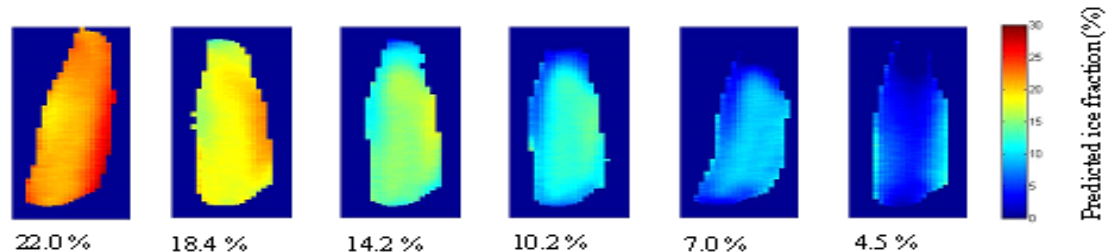
3.1 Super-chilling: advantages

- Prolong the shelf-life
- "fresh" quality
 - no significant difference in drip loss, color, pH, protein degradation and sensory
- Higher yield (+1.5% in fish fillet production)
- Less waste because of double shelf-life (today around 30% is lost in the food chain)
- Reduced demand of freezing
- No need of ice in fresh fish boxes during transport
 - around 20-30% of the transported weight is ice



3.1 Super-chilling: challenges and potential

- More complex cold chain:
 - Shelf-life is a function of time and temperature
- Is it fresh or frozen? (consumer, regulation, ...)
- Available technologies for shell-freezing
 - Calibration for each product
- Higher demand for temperature control during storage
- Short term: High potential for meat/poultry- and fish industry.
- Longer term: For consumers – cold chain
- **Industrial potential:**
 - Reduced demand for freezing, more sold as fresh
 - Stock-up before campaigns.
- **Consumer potential:**
 - Reduced waste
 - Longer shelf-life



3.1 Super-chilling: the FRISBEE project

<http://www.frisbee-project.eu/>



3.2 / 3.3 Drying: Why is it important for Food Ethics?

Estimates evaluate that air drying is responsible for **15-25% of the overall global industrial energy demand** in developed countries and efficiencies in food/feed drying can be as low as 10%, with 35-45% being the average.

Mujumdar, A., 2007. An overview of innovation in industrial drying: current status and R&D needs. *Transport in porous media* 66, 3-18.

3.2 Heat pump drying

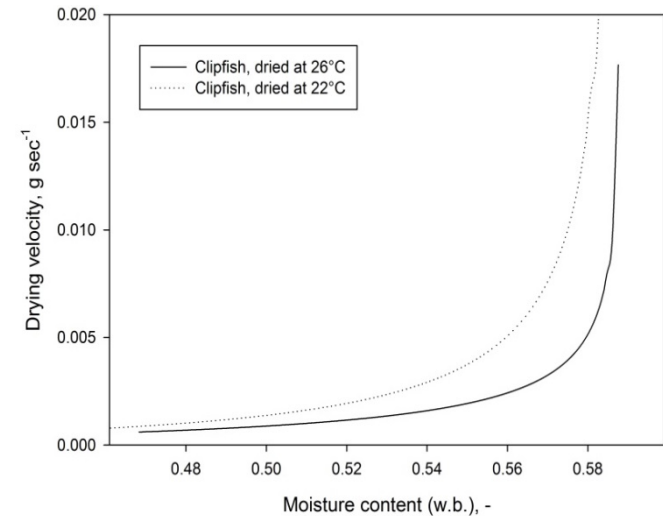
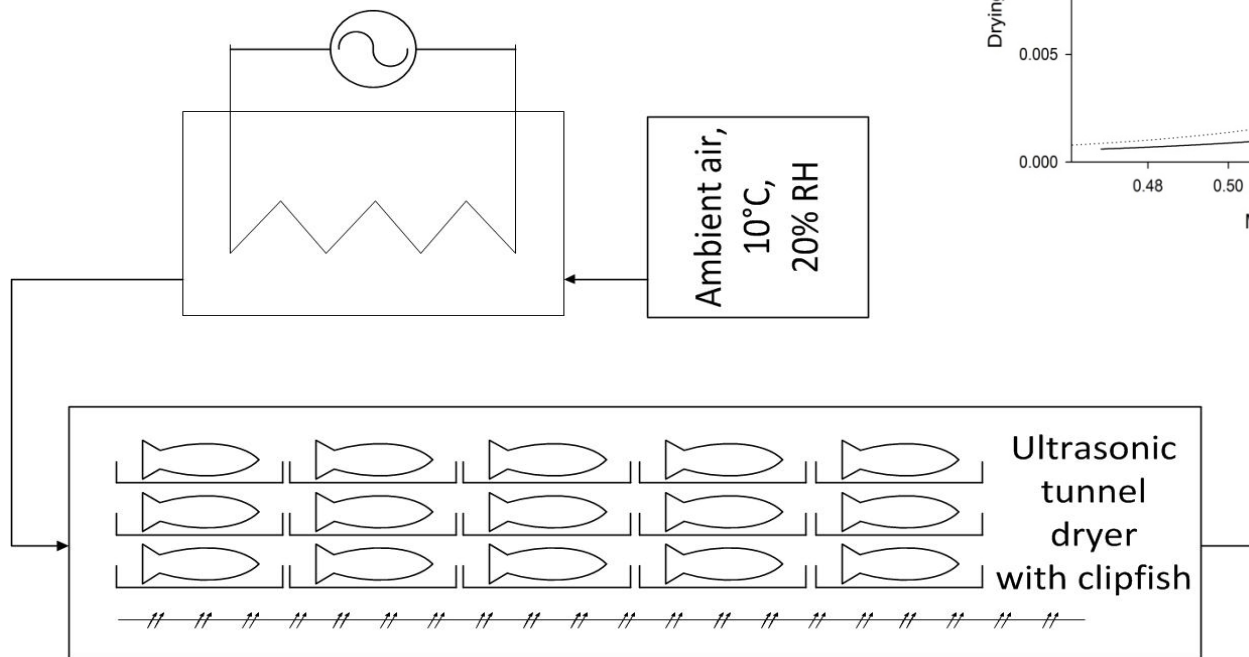
- Drying is the oldest and most important method for food preservation
- Convective drying is normally air drying
 - delivers heat for evaporation
 - removes water in the form of humidity
- Convective drying is mass transfer controlled
- Every product has different drying characteristics (quality vs. time, temperature,...)
- Latent heat of evaporation $\approx 2250 \text{ kJ/kg} \approx 0.63 \text{ kWh/kg}$ (ideal)
real: $\approx 2700 - 6000 \text{ kJ/kg} \approx 0.75 - 1.6 \text{ kWh/kg}$

Table 1

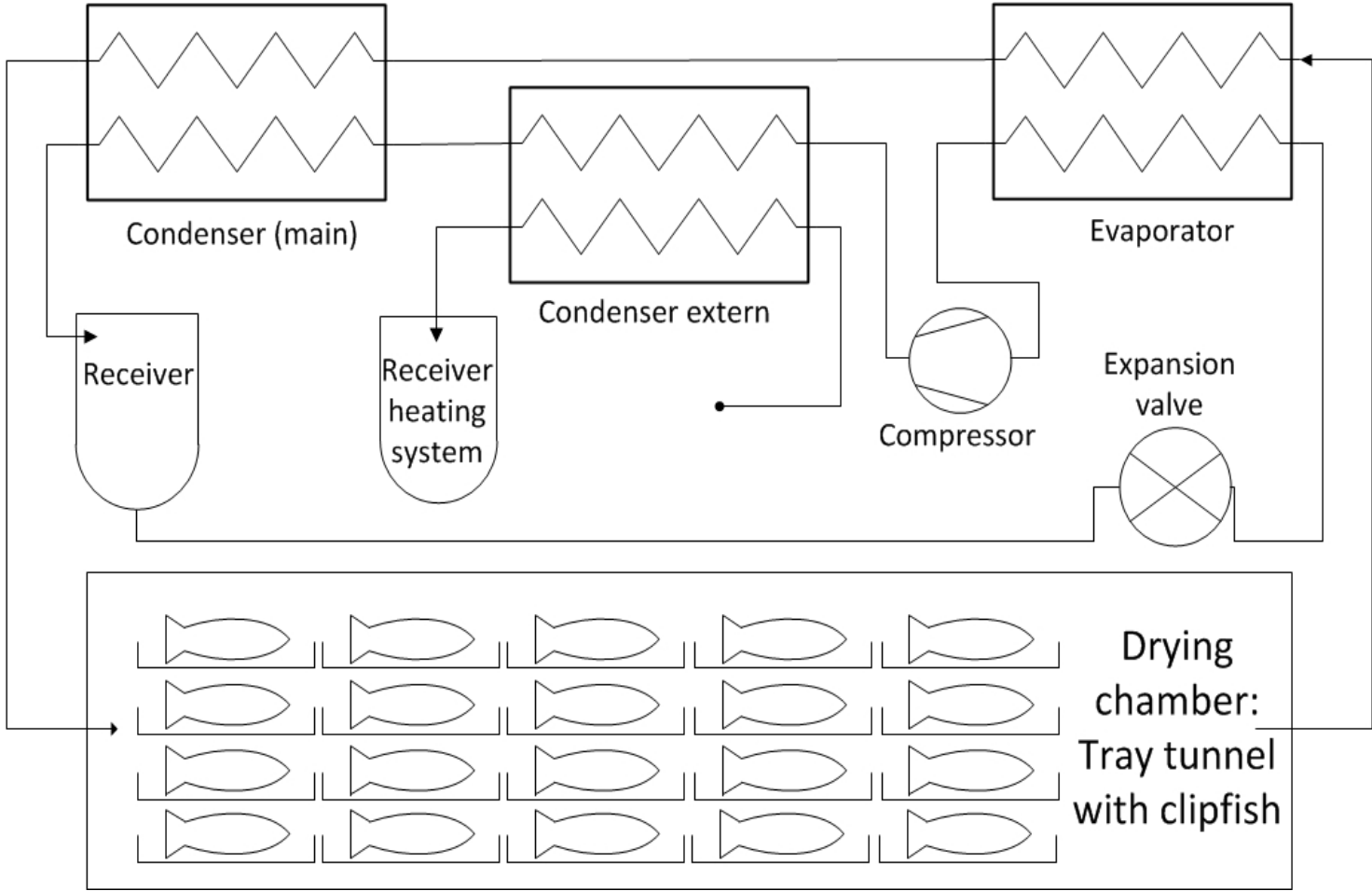
General comparison of heat pump dryer with vacuum and hot air drying [15].

	Hot air drying	Vacuum drying	HPD drying
SMER (kg H ₂ O/kWh)	0.12–1.28	0.72–1.2	1.0–4.0
Drying efficiency (%)	35–40	≤ 70	95
Capital cost	Low	High	Moderate
Running cost	High	Very high	Low

3.2 Heat pump drying: "conventional" drying



3.2 Heat pump drying



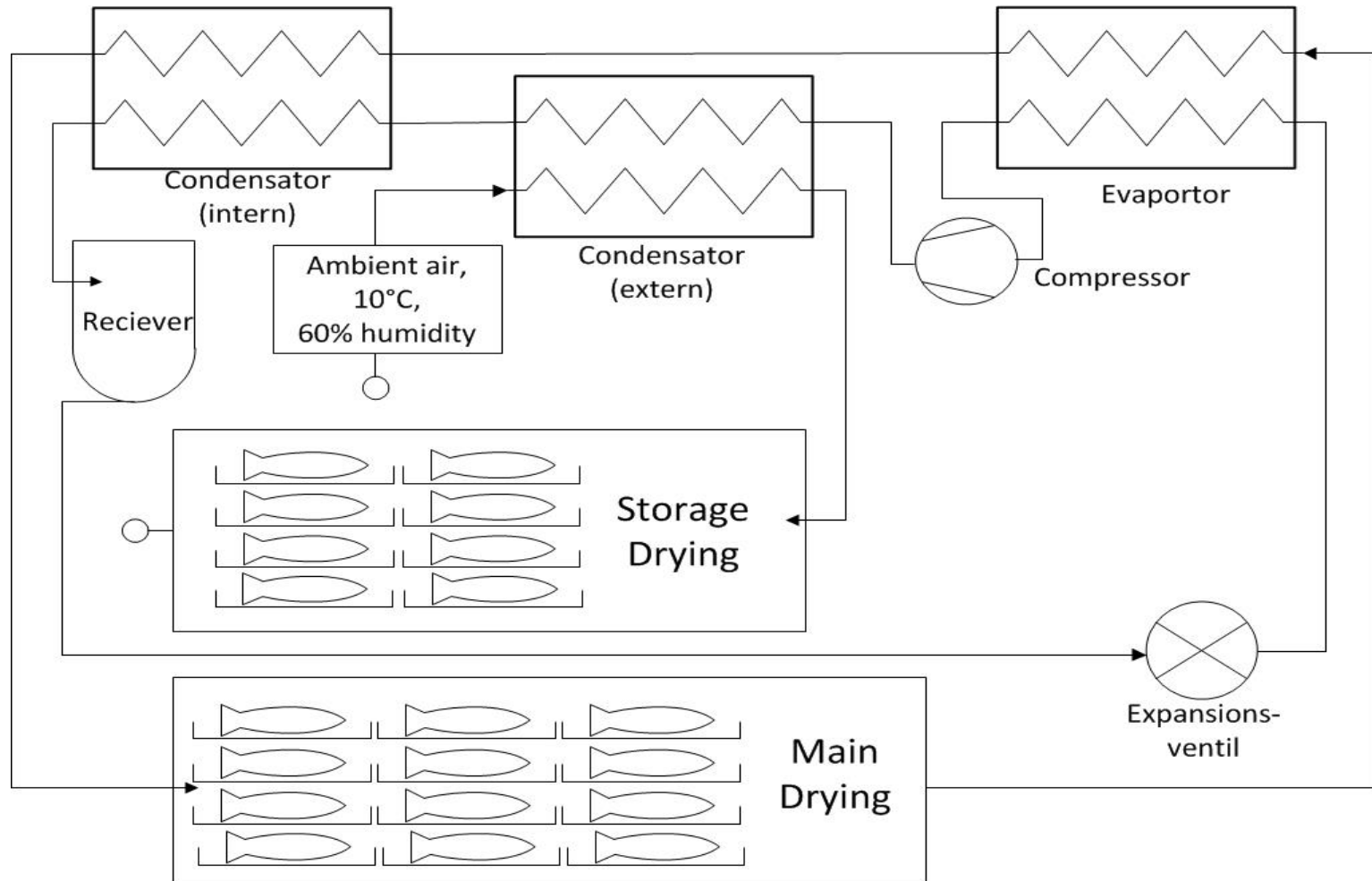
3.2 Heat pump drying

- 75% of the drying energy can be recovered in HPD (compare to HAAD)
 - Production costs
 - Energy consumption
- Falling SMER as a result of the reduced latent heat towards end of drying is reducing the energy efficiency

Production costs	
HPD	222.8 kWh per ton
HAAD	973.8 kWh per ton

- Energy prices are not taken into account
 - 1:4 ratio between fossil fuel and electric

3.2 Heat pump drying: with storage drying

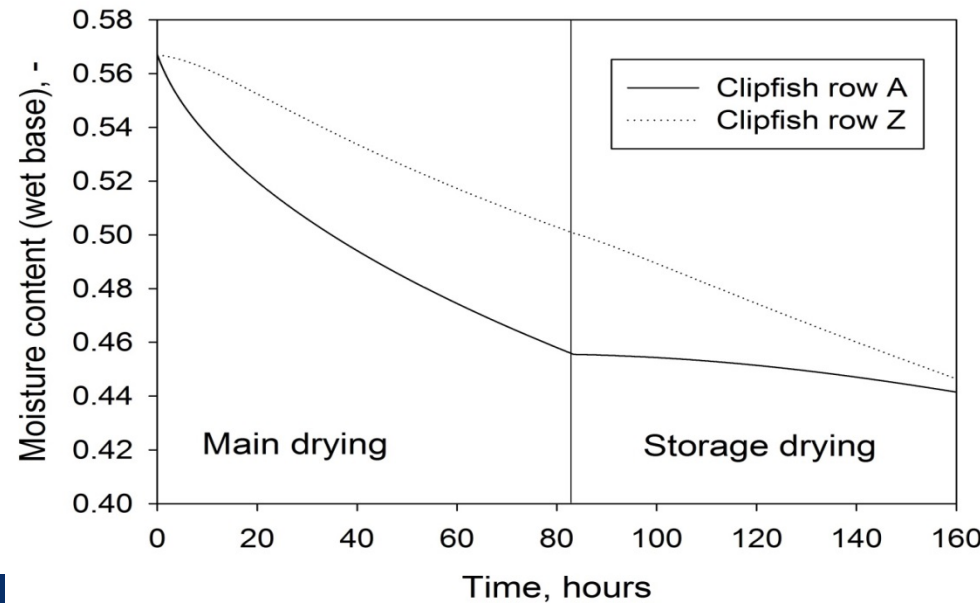


3.2 Heat pump drying: with storage drying

Production costs	
Main + Storage Drying	133.6 kWh
HPD	222.8 kWh per ton
HAAD	973.8 kWh per ton

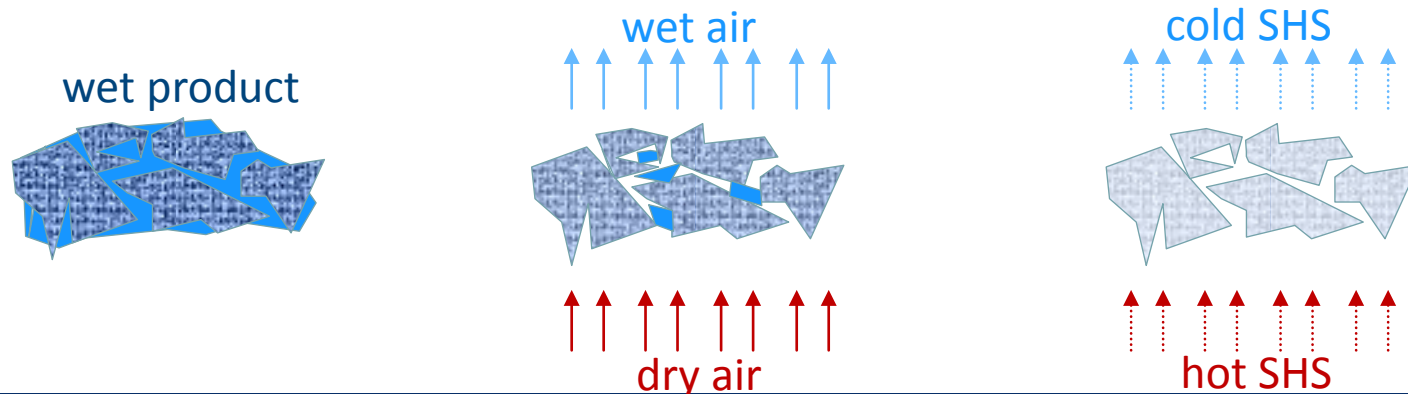
- Efficient enough energy supply at for the final drying stage
- Control the drying process according to drying velocity

- Increase of productivity by 40%
- Increase of drying time from 6 to 7 days
- 40% more energy efficient

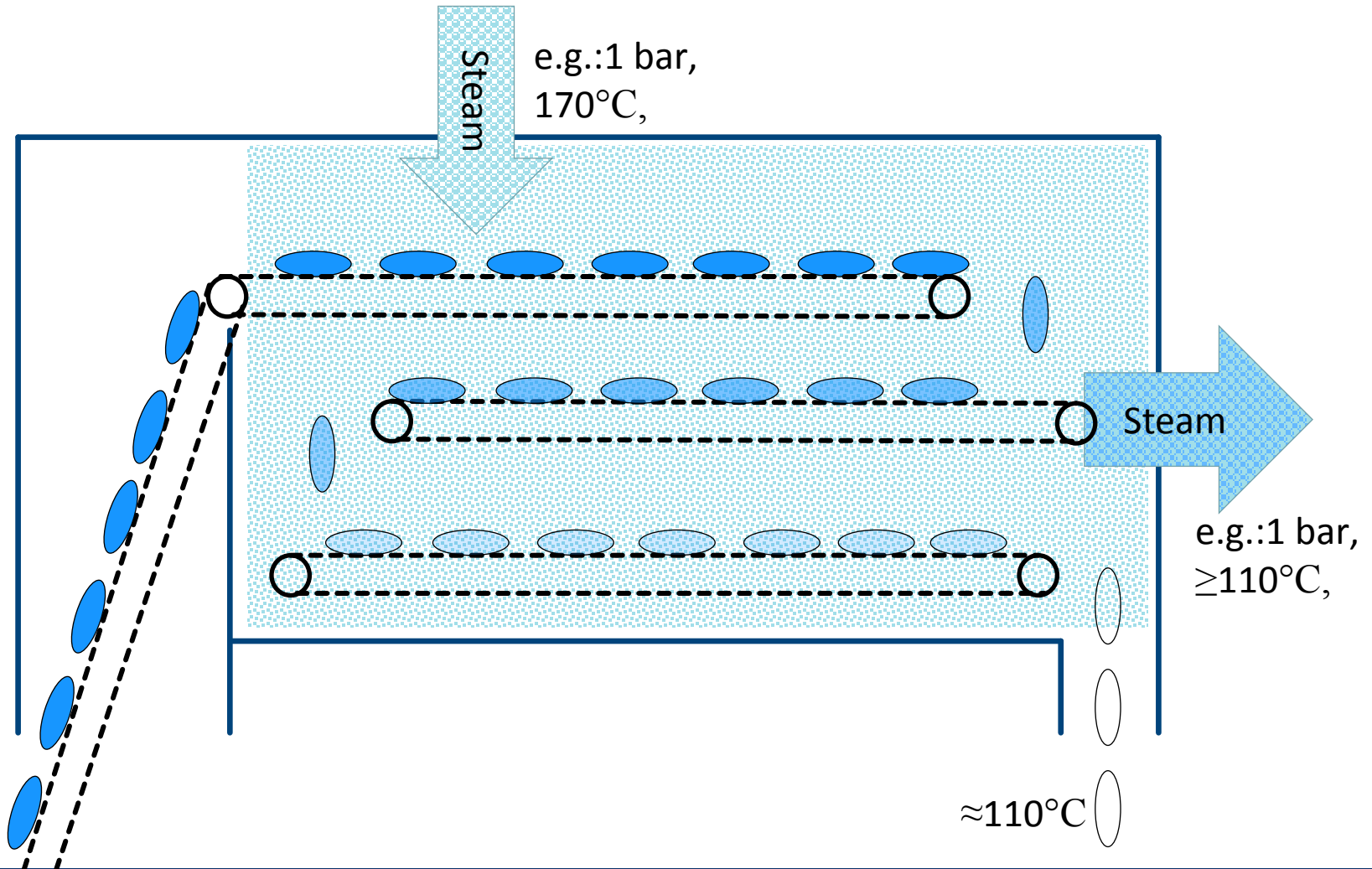


3.3 What is Superheated Steam Drying (SHSD)

- Convective drying, using superheated steam as drying agent
 - Heat for evaporation is supplied from the steam
 - Evaporated water (= steam) is removed from the product and added to the drying agent
- Steam is a good heat carrier (heat/mass transfer coefficient almost double compare to air)
- Low viscosity than air (→ penetrates the products better)
- Steam is condensable (air not) → treatment of exhaust gas
- Steam has a low density 0.6 kg/m^3 t (lower than air, important for design)
- Superheated steam contain no oxygen (air) → inert gas (no risk for fire/explosion, low oxidation)
- Important to avoid condensation



3.3 Design of a SHSD at atmospheric pressure



3.3 Components air vs. superheated steam drier

Component	Air Drying	Superheated Steam Drying
Drying chamber at ambient pressure	Yes	Yes (smaller → footprint)
Product transport	Air-conveying	Elevator/Conveying
Drying agent	Ambient air	Superheated steam → generator + water
Energy	Oil/gas/electric	Oil/gas/electric
Pre-treatment of product	-	Pre-heating (recommended), via extruder
Transport of drying agent	Fans	Special fans (compact)
After-treatment of drying agent (open system)	Air filter + fans (biofilter)	Condenser → small volumes

3.3 Advantages of Superheated Steam Drying

- Around 20% more energy efficient than air drying
- SHS above 100°C is a non-visible, condensable, light gas which is capable to evaporate water very efficient
- Pasteurization and sterilisation is possible within the drying process
- SHS at atmospheric pressure has no risk for explosion (etc.)
- SHS is inert drying (comparable to vacuum drying, no oxidation)
- SHS can also be used for conveying without risk of condensation and e.g. salmonella growth
- Flash-Off from extruding can be used for drying → conveying (IP)
- SHS can be condensed out of the system (no air filtration with forced ventilation etc.)
 - Accumulation of volatiles
- Shorter or smaller drying chambers (footprint)
- Drying energy (Excess superheated steam) can be used as energy source in other process steps (e.g. conveying,...)
- Independent on ambient air conditions

3.3 Superheated Steam Drying: Possibilities for vapor re-compression

System:

→ evaporation of 2.5 tons/hour (90°C) per extruder (≈1.6 MW)

EXAMPLE:

- **1600 kW drying system** produces at least 1600 kW excess heat at low temperature
 - How to use this energy? → energy demand for this excess energy in other processes is normally not fitting (PINCH analyse)
 - Possible to sell energy?
 - But even if the excess energy is used/sold the drying process still needs 1600kW
- with **re-compression** of the excess superheated steam it is possible to recover this energy back into the drying process
 - 1600 kW drying systems **would need around 500 kW** compression energy (estimated)
 - Excess energy would be 500 kW at higher temperature levels
 - Efficiency of the drying system is significant increased

3.3 Conclusion and Potential of SHS Drying

- **Fast and energy efficient drying process**
 - for products that can handle/require drying temperature above 100°C
 - Specific energy consumption around 2500 kJ/kg \approx 0.7 kWh/kg
 - Less drying related CO₂ emission
- Suitable for pet-food (other products: wood, sludge, coal, beet pulp, lumber, peat, paper and tissues, snack products, products dried close to 100°C)
- Possibility for pasteurization / **sterilisation**
- SHS creates an sterile/aseptic system
- Inert drying → no oxidation → **high product quality**
- Exhaust gas is easy to handle (condensation)
- **Possibility for energy recovery with turbo-charger-compression approach**
 - Vapour re-compression <1000 kg/kg \approx 0.25 kWh/kg
- No risk for fire or explosion
- Focus on systems from **100 kW to 1000 kW**
- Focus on atmospheric pressure systems → cheaper → conveying possible

4. Conclusions and future challenges:

- Increasing demand for:
 - High-quality food and feed
 - Reliable, "green" energy
 - Increased prices (?)
- Meat/Fish industry is associated with high amount greenhouse gases (~energy)
 - New food (and feed) sources
- Better usage of available food (and feed) sources
 - Food preservation will be a key element
- Use of "new" technology which is more energy efficient
 - Food/feed industry is quite conservative towards innovations
 - Payback time should be short (→ problematic)
- Food processing demands thermal energy
 - Heat pumps (European directive on use of renewable energy) for upgrade to premium energy

Thank you for your attention!

→ Questions? No?

→ Let's do it !!!

