

# Working environment and health in the Norwegian fishing fleet

## – challenges and health promoting factors

Photo: UNN

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Photo: SINTEF Fisheries and Aquaculture

### Objectives:

- To study the interaction between work, work environment and health of fishermen in the Norwegian fishing fleet.
- To provide knowledge about which work-related factors might affect health and work participation negatively, and which factors might promote good health, foster job satisfaction and participation in working life.

### The project will answer the following research questions:

- What is the prevalence of sick leave, hospitalization and disability among workers in the fishing fleet, and which diagnoses and symptoms are found? (*register studies*)
- Is there an association between exposure to harsh environmental conditions at sea and working health? (*field,- and laboratory studies*)
- How do fishers describe their own health status, and how do they perceive the interaction between work, working environment and health? (*survey including 1000 fishermen*)
- In what ways do workplace-related factors in fishing affect workers health status, job satisfaction and sense of belonging? (*personal interviews*)

Health-promoting measures will be suggested based on an integrated analysis, combining data from all work packages.

The project has engaged a group of international experts and an industry reference group that will act as advisors during the project period.

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